

# PROVEN



MAY 17 | 2:00 PM & 8:00 PM

**Zach Law Ingram | *Artistic Director***

**Marielle McGregor | *Executive Director***



## **2024 - 2025 SEASON DANCERS**

**Madison Bibb**

**Ema Borrás**

**Abby Gluckman**

**Bryan Lee**

**Caroline Lyles**

**Emma Monsen**

**AliceAnn Mosiniak**

**Pierce Pennington**

**Kelsey Rhinehelder**

**Hannah Scott**

**Elise Werchan**

**Emily West**

*\*Select the dancer name to view biographies via the company website.*



## LEADERSHIP TEAM



**Zach Law Ingram**

***Artistic Director & Co-Founder***

**Marielle McGregor**

***Executive Director & Co-Founder***

**Jennifer Mabus**

***Resident Choreographer***

**Jarvis McKinley**

***Artistic Development Coach***

**Ema Borrás**

***Rehearsal Director & Dancer***

**Abby Gluckman**

***Rehearsal Director & Dancer***

*Select the leader name to view biographies via the company website. Not pictured: Abby Gluckman.*



## SUPPORT STAFF

Sarah Cat Hendricks ***Costume Alterations***

**Caroline Lyles** ***Costume Manager & Dancer***

**Katherine Cornell** ***Website Manager***

**Christopher M. Ham** ***Lighting Designer***

Tierney Clark ***Lighting Assistant/Programmer***

Laney Bommersbach ***Production Assistant***

Lauren Feichtinger ***Production Assistant***

Jarvis McKinley ***Sound Operator***

## BOARD MEMBERS

James Michael Sobolik-Williams, Chair

Diane Liu

Jo Lines

George Marquez

Marielle H. McGregor



# PROVEN

## Act I

### Thunder and Lightning

**Choreographer:** Micah Isaiah

**Music:** One Little Fella by Yaron Engler

**Dancers:** Madison Bibb, Emily West (Main Character), Abby Gluckman, Caroline Lyles, Emma Monsen, AliceAnn Mosiniak, Pierce Pennington, Kelsey Rhinehelder, Elise Werchan

### Light / Dark Walk

**Speaker:** Elizabeth De Morales

**Choreographer:** Emma Monsen

**Music:** Experience by Ludovico Einaudi

**Soloist:** Madison Bibb

**Walkers:** Audience

### Tuning To Grace

**Choreographer:** Jennifer Mabus

**Music:** Nocturne by Mari Samuelsen and Julien Quentin

**Dancers:** Abby Gluckman, Caroline Lyles, Elise Werchan, Emily West



# PROVEN

## Act I

### Walk In the Park

**Choreographer:** Zach Law Ingram

**Music:** Rain by Ryuichi Sakamoto

**Dancers:** Ema Borrás, Zach Law Ingram

### Comfort in Confinement

**Choreographer:** AliceAnn Mosiniak

**Music:** Icarus by Phildel

**Dancers:** Emma Monsen, Pierce Pennington, Kelsey Rhinehelder

### Unbending The Spine

**Speaker:** Amanda Sargent

### So Chic

**Choreographer:** Thomas Russ

**Music:** Le Freak by Chic

**Dancers:** Madison Bibb, Abby Gluckman, Caroline Lyles, Emma Monsen, AliceAnn Mosiniak, Pierce Pennington, Kelsey Rhinehelder, Elise Werchan, Emily West

## Intermission

15 Minutes



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## Act II

### The Birds

**Choreographer:** Pierce Pennington

**Music:** Cow Song by Meredith Monk and Collin Walcott

**Dancers:** Ema Borrás, Caroline Lyles, AliceAnn Mosiniak,  
Kelsey Rhinehelder, Elise Werchan

### A Tribute

**Voiceover:** Marielle McGregor

**Choreographer:** Zach Ingram

**Music:** I Didn't Know My Own Strength by Whitney Houston

**Dancers:** Zach Law Ingram

### Surrender to Divinity

**Choreographer:** Jarvis McKinley

**Music:** Senzalma and Ritmo Tambores by Divan Gattamorta

**Dancers:** Madison Bibb, Abby Gluckman, Emma Monsen,  
Emily West





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## Act II

### Becoming Whole

**Speaker:** Ryan Lee

**Choreographer:** Emma Monsen

**Music:** Televangelism by Ethel Cain

**Dancers:** Elise Werchan (Soloist), AliceAnn Mosiniak, Kelsey Rhinehelder, Pierce Pennington (Supporting Dancers)

### Rise

**Speaker:** Ryan Lee

**Choreographer:** Zach Ingram

**Music:** Sequence (Four) by Peter Gregson

**Dancers:** Madison Bibb, Ema Borrás, Abby Gluckman, Abby Gluckman, Caroline Lyles, Emma Monsen, AliceAnn Mosiniak, Pierce Pennington, Kelsey Rhinehelder, Elise Werchan, Emily West





## Meet the Choreographers

### **Micah Isaiah | *Guest Choreographer***

Micah Isaiah, originally from Goldsboro, North Carolina, began his dance training at a young age and later received a scholarship to attend the American Dance Festival in 2015. His journey as an artist has taken him from his roots in North Carolina to Dallas, Texas. There, he has danced with the Ingredients Dance Company and was a company member of the Dallas Black Dance Theatre.

Over the years, Micah has had the privilege of performing works by renowned choreographers such as Matthew Rushing, Jae Man Joo, Darion and Madison and Baba Chuck Davis. His diverse performance experience also includes collaborating with Grammy-winning gospel artist Jonathan McReynolds and rapper SevnDeep, as well as appearing in industrials and commercials across the U.S. In addition to performing, Micah is passionate about creating and has choreographed works in Texas, North Carolina, and Florida.

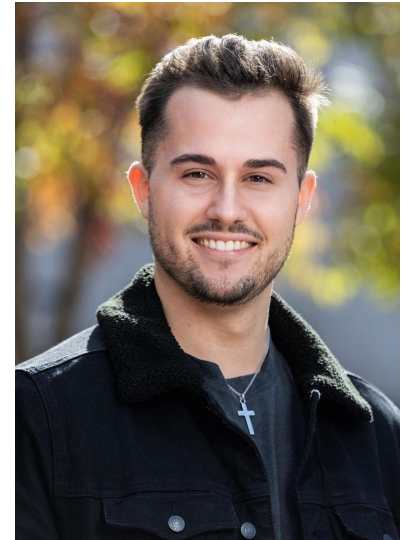




## Meet the Choreographers

### **Thomas Russ | Guest Choreographer**

Thomas Russ, a professional hip-hop, musical theater, jazz funk, and tap instructor, began dancing at age eight. He trained and competed in multiple styles through college, dancing with the Georgia Tech Goldrush Dance Team, where he won a D1A Hip Hop national title at NDA, performed as an opener for Lil Baby at the McDonald's All-American game, and danced in the Super Bowl 53 halftime show with Maroon 5, Big Boi, and Travis Scott.



After graduating, Thomas moved to New Mexico, dancing professionally with New Mexico Ballet Company, coaching St. Pius X High School's Dorados team, and choreographing for Albuquerque Dance Collaborative. He then relocated to northern Virginia, teaching at Studio Bleu, Adrenaline Dance Studio, and Elite Formation Studio.

Thomas also teaches master classes, choreographs competition and professional works across the country, and recently directed the award-winning contemporary hip-hop show *Seeing Red Again*. He's on faculty with Headliners Dance Convention, tours and performs with the Party Animals baseball team in the Banana Ball league, and serves as a judge for Headliners and emcee for Starpower. He continues sharing his love for dance through his company, DangeRuss Choreo, LLC.



## Meet the Choreographers

### **Zach Law Ingram | *Choreographer & Artistic Director***

Zach Law Ingram is from Miami, Florida, and graduated from New World School of the Arts in New York City. During his formative years, he trained at Dance Theatre of Harlem, Miami City Ballet, and The Ailey School. He began his professional career with Ailey II and later became a founding member of Space T.U. Embrace Project. Ingram has received numerous honors including the NFAA Gold Medal and U.S. Presidential Scholar in the Arts.

He has danced with Alvin Ailey American Dance Theater, Armitage Gone!, Dallas Black Dance Theatre, *The Lion King* (Las Vegas and Broadway), and Walt Disney World's *Festival of the Lion King*. He has performed works by Alvin Ailey, Dwight Rhoden, Alonzo King, Martha Graham, Judith Jamison, Twyla Tharp, Karole Armitage, and others.

As a dancer, choreographer, and teacher, Ingram merges classical ballet with contemporary movement to push artistic boundaries. He has set works on Ailey, Dallas Black Dance Theatre, *The Lion King*, Ballet Noir, and many studios nationwide. Since 2014, he has toured and performed in Tokyo, Paris, London, Scotland, Freeport, Singapore, Beijing, Shanghai, St. Petersburg, Milan, and throughout the U.S.

In 2014, Ingram co-founded 6 o'Clock Dance Theatre with Marielle McGregor to produce innovative contemporary ballet at elite levels of artistic excellence. He is currently based in both Miami and Dallas.





## Meet the Choreographers

### **Jennifer Mabus | *Resident Choreographer***

Jennifer Mabus has a rich performance background, dancing for choreographers and companies such as Robert Battle (founding dancer of Battleworks, NYC), Amy Marshall, Heidi Latsky, Takehiro Ueyama, Bruce Wood Dance Project, NobleMotion Dance, and as a founding member of Dark Circles Contemporary Dance. She has taught on the faculties of Texas Christian University, Interlochen Arts Academy, Houston's HSPVA, and Sam Houston State University. She founded the dance program at the University of St. Thomas (Houston) and now teaches at Booker T. Washington HSPVA, TCU, and Dallas College.



Her choreography has been presented at festivals such as Dance Gallery, Dumbo Dance Festival, and Cool/NY, and in residencies at Interlochen and UT/Dallas. She's held roles including Rice University Dance Artist in Residence and NobleMotion's "Next Step" artist. Her work has been commissioned by Avant Chamber Ballet, Houston Contemporary Dance, METdance, Contemporary Ballet Dallas, Muscle Memory, and others. She has created for Miller Outdoor Theater and Zilka Hall with Windsync and the Foundation for Modern Music, and collaborated on multi-media works at Rothko Chapel, CAMH, and the Blanton Museum. Recently, she's created works through the AIR and SEEDS programs at Arts Mission Oak Cliff.

Jennifer holds a BFA from SMU and MFA from Sam Houston State University. She's also a yoga teacher, Argentine tango dancer, and is training to be a Dance Movement Therapist. She first joined 6 o'clock Dance Theatre as Associate Artistic Director and now serves as Resident Choreographer.



## Meet the Choreographers

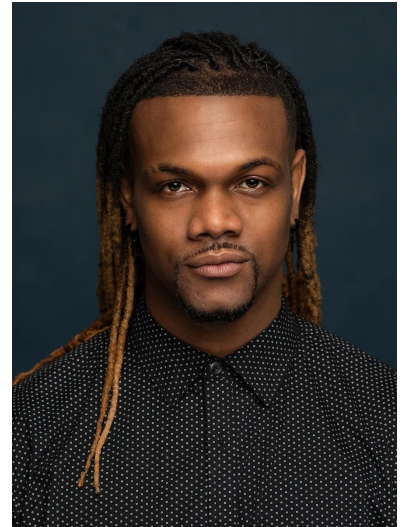
### **Jarvis McKinley | *Artistic Development Coach***

Jarvis McKinley is from Hattiesburg, Mississippi, and began his dance training at age 6 at the Dance Place and Pine Belt Youth Ballet. He continued at the Virginia School of the Arts on a full four-year scholarship and later received a full scholarship from the National Dance Institute Dance Program in Santa Fe, New Mexico.

Under the direction of Jacques d'Amboise, McKinley earned an AA Certificate in Dance at New World School of the Arts. He has trained with the Kirov Ballet Academy, Jacob's Pillow, Bates Dance Festival, and the Ailey School.

In 2008, McKinley joined Alvin Ailey II and became a soloist at Armitage Gone Dance in 2010. He has performed with Complexions Contemporary Ballet and in works by Alvin Ailey, William Forsythe, Robert Battle, Judith Jamison, Christopher L. Huggins, and Francesca Harper. His credits also include touring with the Broadway musicals *Memphis* and *Flashdance* (choreographed by Sergio Trujillo) and dancing with artists such as Usher Raymond, Jojo, K-Ci & JoJo, and The Dream. He was awarded the Margaret Fonteyn Award by Ballet Master Petrus Boseman.

Jarvis McKinley joined 6 o'clock Dance Theatre as Artistic Development Coach in spring 2022.

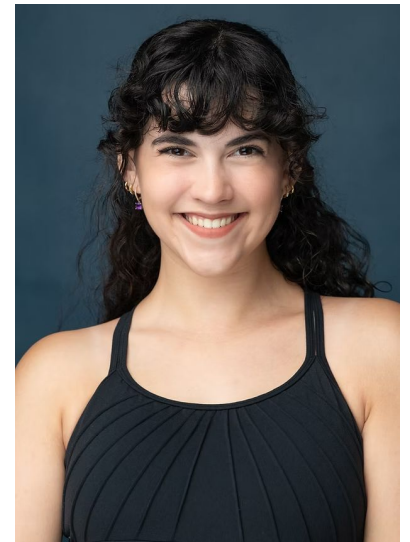




## Meet the Choreographers

### **AliceAnn Mosiniak | *Dancer & Emerging Choreographer***

AliceAnn Mosiniak (Mansfield, TX) is a distinguished alumna of Texas Christian University, graduating Magna Cum Laude in 2024 with a BFA in Ballet and a BA in Writing. As a multifaceted artist and educator, she has demonstrated exceptional talent and dedication throughout her career.



Her early training took place at Doubletake Dance Studio, where she honed her skills in ballet, tap, jazz, hip-hop, clogging, contemporary, and modern. She continued her classical training at Texas Ballet Theater School until 2020. Her diverse background led to numerous performance opportunities, including dancing with the Miss Tennessee Volunteer Beauty Pageant, performing as a backup dancer for Kelsea Ballerini, and participating in productions at TCU's School for Classical and Contemporary Dance.

At TCU, AliceAnn worked with renowned choreographers such as Kara Wilkes, Sidra Bell, Bernard Gaddis, and William Isaac. As an officer in Chi Tau Epsilon, she helped organize fundraising efforts with the Fort Worth community to support the AIDS Outreach Center.

Now in her fourth year of teaching at Texas Ballet Theater School, AliceAnn instructs ballet, jazz, contemporary, tap, modern, and adaptive classes. She is excited to conclude her first season with 6 o'clock Dance Theater as a Company Member, further establishing herself as a dynamic and inspiring artist.

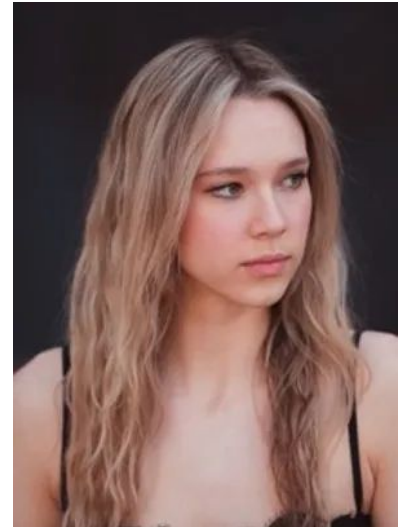




## Meet the Choreographers

### **Pierce Pennington | *Dancer & Emerging Choreographer***

Pierce Pennington is a 2023 graduate of Sam Houston State University with a B.F.A. in Dance and a minor in Mass Communications. She has set award-winning choreographic works for studios in Georgia, Texas, and Pennsylvania. Pierce has performed in works by Gregory Dolbashian, Addison Ector, Jeffrey Gugliotti, Cherise Wakeham, Adele Nickel, the Nobles, Kirven Douthit-Boyd, and many others. In 2022, she performed with NobleMotion Dance in Andy Noble's "Escape Velocity," "Rhythm Study" at ACDA (2022 and 2023), and "Tower" at ACDA Nationals.



After graduation, she relocated to Wisconsin to perform with Waterstreet Dance Milwaukee in works including "Illuminate," "Water on Water," and "Solstice V." She later trained with St. Louis Dance Theatre (formerly Big Muddy) and performed works by Kirven Douthit-Boyd. In fall 2024, she moved to Dallas to develop project-based work, dance with 6 o'Clock Dance Theater, and perform in Brian Stevens' world premiere of *Fall All Over Me*. She also works in fitness sales with Pure Barre and Club Pilates, and remains passionate about choreography, Pilates, and teaching.

Most recently, Pierce accepted an offer from the University of Arizona to be a Graduate Teaching Assistant for the School of Dance while pursuing her M.F.A. Keep your eyes peeled for her future works!





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