

# LOVE, SWEAT & TEARS



o'Clock  
DANCE THEATRE

10<sup>th</sup>  
ANNIVERSARY CONCERT

📅 APRIL 27-28

**Zach Ingram | *Artistic Director***

**Marielle McGregor | *Executive Director***



## 2023 - 2024 Season Company Members

**Madi Grace Albert** *Costume Manager & Dancer*

**Ema Borrás** *Guest Artist*

**Camille Bourgeois** *Guest Artist*

**Katherine Cornell** *Website Manager & Dancer*

**Ally DesJardins** *Guest Artist*

**Catherine Fletcher** *Dancer*

**Abby Gluckman** *Rehearsal Director & Dancer*

**RJ Hooks** *Dancer*

**Kaley Jensen** *Guest Artist*

**Amit Katz** *Apprentice*

**Alex Langley** *Development & Outreach Coordinator*

**Caroline Lyles** *Dancer*

**Jarvis McKinley** *Artistic Development Coach*

**Emma Monsen** *Dancer*

**Adam Rech** *Guest Artist*

**Kelsey Rhinehelder** *Dancer*

**Hannah Scott** *Guest Artist*

**Maddy Swandt** *Dancer*



## Meet the Choreographers

### **Zach Law Ingram | *Choreographer & Artistic Director***

Zach Law Ingram is from Miami, Florida, and graduated from the New World School of the Arts in New York City. During his formative years of dance training, Ingram attended the Dance Theatre of Harlem, Miami City Ballet, and The Ailey School in New York City. Ingram started his professional career with Alvin Ailey's Second Company (Ailey II) and later became a founding member of Space T.U. Embrace project. Ingram has received numerous choreographic and artistic awards including the National Foundation for the Advancement in the Arts (NFAA) Gold medalist and the U.S. Presidential Scholar in the Arts.



Over the course of Ingram's professional performative career, he has danced with the following companies: Alvin Ailey American Dance Theater, Armitage Gone!, Dallas Black Dance Theatre, Lion King Las Vegas, Lion King on Broadway, and Walt Disney World's Festival of the Lion King. In addition, he has collaborated with and performed works by Alvin Ailey, Dwight Rhoden, Alonzo King, Martha Graham, Judith Jamison, Twyla Tharp, Karole Armitage, Earl Mosley, Troy Powell, and Peter London.

As a dancer, choreographer, and teacher, Ingram strives to innovate the boundaries of traditional dance techniques by merging the strengths and dimensions of classical ballet and contemporary movement. Ingram has set works on Alvin Ailey American Dance Theater, Dallas Black Dance Theatre, Lion King Las Vegas, Ballet Noir, Dance Black Dance Theatre II, and numerous dance studios nationwide. As of 2014, he has toured and performed in Tokyo, Paris, London, Scotland, Freeport, Singapore, Beijing, Shanghai, St. Petersburg, Milan, and the United States.

Ingram is currently based in the Dallas region. In 2014, Ingram co-founded 6 o'Clock Dance Theatre with Marielle McGregor to produce innovative and unique contemporary ballet at elite levels of artistic excellence. In addition, he is on faculty as part of Southern Methodist University.

## **Lonnie Hightower | *Choreographer***

Dallas native, Lonnie Hightower III, is an all-around classically trained artist in voice, piano, musical theater and multiple disciplines of dance. He began his training as a pre-teen. Classical Voice Training under master teachers Dr. Harris and Ms. Celestine Williams, and Ms. Rose his Classical Piano teacher. His excellent training was rewarded with his middle school enrollment in Greiner Arts Academy where he subsequently received the Stevie Ray Vaughn Musician Award and Mr. Hightower was on his way!



During his attendance at Booker T Washington HS for the Performing and Visual Arts he received dance training from renowned dance masters Ann Reinking (Jazz), Gregory Hines (Tap), John Parks (African and Modern), Lily Weiss (Modern), Vanessa Williams (Musical Theater) and many more teachers of note. It was during this time his choreographic artistry was recognized with the bestowal of the US Presidential Scholar in the Arts. Mr. Hightower's unique and soul-filled choreography was performed at the prestigious John F. Kennedy Performing Arts Center in Washington, DC where President Bill Clinton presented him with the Gold Medallion.

Following Mr. Hightower's enrollment at the prestigious California Institute of the Arts, he toured as a principal dancer in Dallas Black Dance Theater 1st Company, NY Baroque and Contemporary Ballet Dallas. He was also a featured singer on American Idol and competitor on So You Think You Can Dance.

While performing in the Disney Festival of the Lion King, he was commissioned to create a dance piece for the opening of Georgia O'Keefe's exhibit in at the Phillips Collection in Washington, DC which was hailed by critics and those in attendance.

In addition to performing, Mr. Hightower's focus has turned to teaching and choreography. He became Assistant Director at Power House of Dance in Dallas – out of which grew a student-based dance ensemble, the Dancers Unleashed Dance Company. Under Mr. Hightower's direction, DUDC is a multi-award and competition winning company, a force to be reckoned with.



## **Tyrell Rolle | *Choreographer***

Tyrell has been mentored by some of the most influential dancers of our times one being Judith Jamison. She gave him the confidence he needed to move on to the next levels of his career. Growing up Tyrell had a hard childhood. From living in an under-served community, and being labeled as a slow learner in school. He loved to dance and had an undeniable artistic side that was inevitable. This played a role in his new mission of giving that chance to other kids that mirror some of his struggles. Tyrell founded and recently launched, "The Rolle Project" housed in his "Studio 305". The First youngest African American male Dance Director at charter school 100 academy school of excellence.



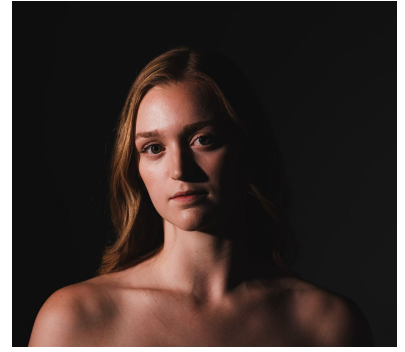
Mr.Rolle was selected to judge the 2021 Miss Miami Broward Pageant and also the 2022 Mrs. American Pageant at the Westgate Hotel. Mr.Rolle was also selected to choreograph for B2K Millennium tour at MGM Grand Casino and choreographed for the Mrs. American pageant at The WestGate hotel. Mr.Rolle was a featured Guest Choreographer for CCSD Dance Festival in Las Vegas, NV. Mr.Rolle was the Head Choreographer for Shea Moisture event hosted by Essence Magazine.Mr.Rolle also teaches at IABD (International Blacks in Dance Conference), Armour Dance Theater, Jazz Millennium Dance Complex,LVA Performing Arts High School,Thurman White, CSN Community College, Del Sol Magnet Program and coaches at Canyon springs high school dance line and now is currently re-launching an After school program in Las Vegas 2023-24.

Mr.Rolle holds the title Shining star for Fox 5 Las Vegas and the Act of kindness recipient and Miami Proud.Mr.Rolle also received a proclamation from the city of Las Vegas. He was also the Director of music & art with Girl Power nonprofit organization in Miami working with young girls to build confidence, competence and pride within themselves while working in New York with Dynamix works as a guest teacher.

This season 2023-24 Mr.Rolle is choreographing a full length work production Titled The Red Swan Ballet and Alice Finds Wonderland. Mr.Rolle was also selected to choreograph for Caesars Entertainment Black History program and Also highlighted by North Las Vegas for Non Profit Business of the month. He loves teaching in every city and currently is accepting bookings for master classes, workshops and choreography.His long-term goals is to be an accredited school for dancers and artists after high school. He wants to spread The Rolle Project across the world with the mission of the organization. He is also looking for to working with UNLV next Fall 2023/24.

## **Sarah Wales | *Choreographer***

Choreographer Sarah Wales relies on movement to gain a deeper understanding of the self and process her contextual world — striving to challenge and shift perspectives. A sought-after choreographer, she has been commissioned to create works for The Butler Opera Center, Garage Arts Project, HYPE Dallas, the Cohen New Works Festival, Dance Repertory Theatre, Moving Forward Dallas Winter Fest, and Dance Action’s SEED, to name a few.

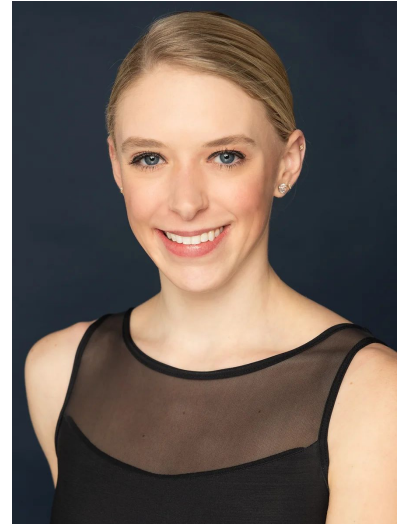


As the Assistant Artistic Director of Urban Performing Company she partners with the director to create, develop and deliver company programming. Sarah doesn’t just coach adult professional dancers, however, she continues to educate movers of all ages and can be found teaching in several studios in the Dallas-Fort Worth metroplex. When choreographing and teaching Sarah draws upon her experiences performing professionally with SoulEscape (current), B. MOORE DANCE, Bombshell Dance Project, and Dance Repertory Theater.

Born and raised in Dallas, Sarah earned a B.F.A. in Dance from the University of Texas at Austin — a program accepting only 25 dancers nationwide each year. An artist and athlete, Sarah double majored; also receiving a B.S. in Exercise Science. She is currently accepting commission requests for the 2024-2025 season.

## **Katherine Cornell | *Choreographer, Website Manager & Dancer***

Katherine Cornell is from Dallas, Texas, and graduated with honors from The University of Texas at Austin with a B.F.A. in Dance and a B.B.A. in Management Information Systems in December 2021. Katherine was in the Omega Chapter of Alpha Phi Sorority at UT Austin and is currently a member of the Alpha Phi Dallas and Suburban Community Alumnae Chapter. For her full-time job, Katherine works at Charles Schwab Headquarters in Enterprise and Operational Risk Management. Since the age of three, Katherine has trained in ballet, jazz, modern, and contemporary dance techniques. In addition to dance, Katherine studied the piano and violin for nine years.



Katherine's love and passion for dance and music started at an early age training at local Dallas dance studios including Dallas Metropolitan Ballet, Dallas Ballet Center, Powerhouse of Dance, Highland Park Dance, Next Step Dance, Dallas Black Dance Theatre, and Ballet Academy of Texas. In her formative years of dance education, Katherine had the privilege of working with various choreographers and training at the professional dance companies of American Ballet Theatre, School of American Ballet, Hubbard Street Dance Chicago, Ballet West, Sidra Bell New York, and the Dutch National Ballet in Amsterdam.

At UT Austin, Katherine participated in three years of Fundamental Projects in Dance Performance and Repertoire, which provided opportunities to collaborate with outside choreographers and in-house faculty in preparation for main-stage productions throughout the fall and spring academic semesters. Katherine was selected to work with notable choreographers including Hubbard Street Dance Chicago dancer and choreographic fellow Rena Butler, B. Moore Dance Artistic Director Bridget Moore, Juilliard graduate and choreographer Madison Hicks, and former Alvin Ailey American Dance Theater soloist and choreographer Kirven Douthit-Boyd for week-long artistic residencies.

Katherine joined 6 o'Clock Dance Theatre as the company's Website Manager and as a Dancer in December 2022.

Katherine's strong background in classical dance technique, music, and information system technologies contributes to her versatility as a business and artist professional. She values discipline, integrity, and autonomy in work processes to enact positive change in her communities. Katherine strives to connect audiences with the power of movement and the healing it provides.



# **Love, Sweat & Tears**

## **Act I**

### **On the Edge**

**Choreographer:** Zach Ingram

**Music:** Seven Days Walking / Day 6: Low Mist Var. 2 by Ludovico Einaudi

**Dancers:** Madi Grace Albert, Camille Bourgeois, Katherine Cornell, Catherine Fletcher, Abby Gluckman, RJ Hooks, Amit Katz, Caroline Lyles, Emma Monsen, Kelsey Rhinehelder, Maddy Swandt

### **Curtain Speech**

**Speakers:** Zach Ingram, Marielle McGregor

### **Paths Less Traveled - Solo Part I**

**Choreographer:** Katherine Cornell

**Music:** Night by Ludovico Einaudi

**Dancer:** Katherine Cornell

### **Angels - Solo Part II**

**Choreographer:** Zach Ingram

**Music:** The Crisis by Ennio Morricone

**Dancer:** Katherine Cornell





# **Love, Sweat & Tears**

## **Act I & II**

### **Detachment**

**Choreographer:** Tyrell Rolle

**Music:** Metamorphosis Two by Philip Glass, Hossam by TSVI

**Dancers:** Madi Grace Albert, Ally DesJardins, Abby Gluckman, RJ Hooks, Emma Monsen, Kelsey Rhinehelder

### **Intermission**

15 Minutes

### **Exposed Heart II**

**Choreographer:** Lonnie Hightower

**Music:** Madiba by Shawn Martin

**Dancers:** Camille Bourgeois, Katherine Cornell, Ally DesJardins, Abby Gluckman, RJ Hooks, Caroline Lyles, Emma Monsen, Hannah Scott, Maddy Swandt

### **Ellipsis**

**Choreographer:** Sarah Wales

**Music:** Lencois (Love Me) by RY X

**Dancers:** Madi Grace Albert, Catherine Fletcher, Amit Katz, Kelsey Rhinehelder



# **Love, Sweat & Tears**

## **Act II**

### **Last Dance**

**Choreographer:** Zach Ingram

**Music:** Mia Amata by Peter Cavallo

**Dancers:** Camille Bourgeois, Zach Ingram

### **Closing Speech**

**Speaker:** Marielle McGregor

### **Phoenix**

**Choreographer:** Zach Ingram

**Music:** Lightning by Philip Glass

**Dancers:** Madi Grace Albert, Ema Borrás, Katherine Cornell, Ally DesJardins, Catherine Fletcher, Abby Gluckman, RJ Hooks, Amit Katz, Caroline Lyles, Emma Monsen, Kelsey Rhinehelder, Maddy Swandt

# Company Profiles

## **Madi Grace Albert | Costume Manager & Dancer**

Madi Grace Albert from Potosi, Texas began dancing at the age of two training in various disciplines at Abilene Ballet Theatre. During this time, she studied with Mauro Villanueva and Kenny Borchard of Joffrey Ballet Texas and spent her summers at Texas Ballet Theatre. She graduated Magna Cum Laude in May of 2022 with a Bachelor of Fine Arts in Ballet and Modern Dance from the School for Classical & Contemporary Dance at Texas Christian University.

While at TCU, she was in works by Francisco Aviña, José Limón, Adam McKinney, Kara Wilkes, and Francesca Harper. Along with her BFA, Madi Grace received a Pilates Teacher Training Certificate and earned the Dean's Academic Excellence Award. Simultaneously, she volunteered at Cook Children's in Child Life and worked as a Costume Supervisor for Hip Pocket Theatre. Madi Grace also was the Director of Community Engagement for the Alpha chapter of Chi Tau Epsilon Dance Honor Society. Madi Grace joined 6 o'Clock Dance Theatre as a Dancer in September 2022 and fulfilled the role of Costume Manager in January 2023. Outside of dance, she is a personal assistant and teaches Pilates, Dance, and Barre. Madi Grace's love for movement stretches beyond just dance and exercise. Madi Grace works with individuals weekly through Adaptive and Adult dance at the Studio of MoveMINT to create an atmosphere where every human can approach moving the body as holistic healing and physical growth.

## **Ema Borrás | Guest Artist**

Ema Borrás began training in the Vaganova method at Metropolitan Classical Ballet in Arlington, Texas under the direction of Alexander Vetrov and Yelena Borisova. She graduated with a Bachelor of Fine Arts from The University of Texas at Austin, where she performed with Dance Repertory Theater. During those four years, she had the honor of performing an original work by David Justin at The Kennedy Center in Washington D.C. and also performed guest artist works by Ohad Naharin, Paul Taylor, Robert Battle, and Alex Ketley.

After returning to Fort Worth, she began to work as a freelance artist. She has worked with both classical ballet and contemporary companies including Ballet North Texas, Dallas Neo-Classical Ballet, Mejia Ballet International, Ballet Concerto, Pedestrian Dance Movement, Urban Performing Company, and Wanderlust Dance Company. She has also had the pleasure of performing with The Dallas Opera. Ema joined 6 o'clock Dance Theatre as a Dancer in January 2020 and currently works as a cosmetologist.

# Company Profiles

## **Camille Bourgeois | Guest Artist**

Camille graduated from Southern Methodist University (SMU) with a B.S. in Biology, a B.S. in Sociology, and a minor in Chemistry. At SMU, she was a Faith and Learning Scholar and a member of the Pre-Health Honor Society. In addition to her academic studies, she served in the leadership positions of Vice President of External Communications for MEDLife, Dance Marathon Recruitment Team benefiting Children's Miracle Network Hospitals, and more. Camille will attend McGovern Medical School at UTHealth Houston in the fall of 2024 to pursue a career as an Emergency Medicine Physician.

Camille grew up at Houston Ballet Academy and entered the main school division at seven years of age performing classical works including Konservatoriet, Les Sylphides, and Stanton Welch's The Ladies and Studies. In addition to ballet, she trained in the dance techniques of character, jazz, and musical theatre. Throughout her dance career, Camille had the privilege of working with and learning from artists such as Emanuel Gat, Gabriel Speiller, Maleek Washington, Hailey Von Schlehenried, Madison Hicks, Sidra Bell, Troy Ogilvie, Kevin Parjarillaga, and Emily Bernet + Taylor Kinsey. She attended multiple movement research workshops with Moving Forward Dance, enjoys collaborative spaces, and has taken dance classes in Europe. In the fall of 2023, Camille toured with the Halycon show's production of Aureum and performed with the Bombshell Dance Project in the DFW metroplex. She joined 6 o'Clock Dance Theatre as a dancer in 2020 performing works by Zach Ingram and various artists.

Camille's involvement with assisting a musical theatre program for adults with disabilities and movement disorders opened her eyes to the power of art as a platform for connection and innovation. Striving for excellence in artistic and scientific pursuits, Camille hopes to advocate for medical humanities and art in clinical medicine, research, and community engagement.

## **Ally DesJardins | Guest Artist**

Ally is a native Minnesotan and a graduate of Belhaven University with a Bachelor of Fine Arts in Dance and a Bachelor of Science in Psychology. She received the Bezalel Award for outstanding artistic achievement from Belhaven University in 2017 and 2020. Ally has twice been featured in More than Just Great Dancers magazine for her excellent attitude and dedication.

Throughout her dance career, Ally had the privilege of training at prestigious companies such as Alvin Ailey American Dance Theatre, Bruce Wood Dance, Zion Dance Project, and studying under choreographers Nancy Stark Smith, Ravenna Wagnon, Marc Wayne, and Joy Bollinger. She visited Haiti to teach with a Christian arts outreach called IMPACT, collaborated with Bombshell Dance Project in their summer lab, and has been a recurring guest artist and teacher at her home studio, IPAC. In addition, Ally joined 6 o'Clock Dance Theatre as a Dancer in July of 2021.

Ally loves to share the art of dance with others through performing, teaching, and choreographing. Her passion for choreography has resulted in the creation of 20 pieces for IPAC, multiple student works at Belhaven University, and a group piece set on Feet Speak dancers to be toured throughout Europe. Ally's Senior Thesis focused on implementing confidence and boldness through choreographic processes. As a creative individual, Ally thrives when she can express herself artistically, all for the glory of God.

# Company Profiles

## **Catherine Fletcher | *Dancer***

Catherine (Sexton) Fletcher began her dance training at Suzanne's School of Dance in College Station, Texas. She performed with the school's company and Ballet Brazos under the instruction of Katy Ellison. She also trained in intensives with Project Dance New York and Houston, Ballet West, Ballet Austin, and Texas Ballet Theater.

Catherine continued her training at Texas Christian University in the School of Classical and Contemporary Dance where she graduated Magna Cum Laude double majoring in Ballet Performance and Modern Dance. At TCU she also earned a Pilates Teaching Certificate with distinction and served as Director of National Business for the Alpha chapter of Chi Tau Epsilon Dance Honor Society. A Nordan Fine Arts Scholar, highlights in the SCCD include performances by resident faculty Nina Martin and Susan Douglas Roberts, and works by guest artists LeeWei Chao and Summer Lee Rhatigan. Catherine completed an internship and performed with Ballet West ArtEmotion coached by Colby Damon, Allison DeBona, and Rex Tilton in the summer of 2018. While pausing her collegiate career to recover from an injury in April 2019, Catherine taught master classes in the College Station area, directed rehearsals for Ballet Brazos, and earned certification as a 200hr Registered Yoga Teacher. Upon returning to TCU, she performed in works by guest artists Kurt Douglas and Suzanne Haag as well as premiered her own choreography.

Catherine joined 6 o'Clock Dance Theater as a Company Dancer in July 2022 after performing with Zion Dance Project under the direction of Vincent Hardy for a year contract. In addition to rehearsing and performing with 6DT in 2023, Catherine performed the premiere of Nightmare Before Nutcracker under direction of Brianna Moriarty and the Tchaikovsky Suite Spectacular under the coaching of Christa Beacham. She continues to instruct dance, pilates, and yoga in the Dallas/Fort Worth area.

## **Abby Gluckman | *Rehearsal Director & Dancer***

Abby Gluckman is a Dallas, Texas native who grew up dancing at Texas Ballet Theatre School, Dallas. She went on to further her dance education at the collegiate level at Tulane University where she was a four-year member of the Newcomb Dance Company and graduated magna cum laude with a B.F.A. in Dance and B.S. in Mathematics. In May 2021, the Newcomb Department of Theatre and Dance faculty awarded Abby the Jill Karp Prize for Dance: Choreography and Performance and the Minnette L. Starts Award for Excellence in Dance.

After graduating from Tulane, Abby returned to Dallas to attend the University of Texas at Dallas for graduate school and join 6 o'Clock Dance Theatre. In May 2023, Abby graduated from UTD with her M.A.T. in Mathematics Education and obtained her Texas Teaching Certificate in 7-12 Mathematics. Abby teaches math at Richardson ISD and dance at Texas Ballet Theater School, Dallas.

Abby has also trained at the Bates Dance Festival and performed as a guest with 6 o'Clock Dance Theatre in 2017. Throughout her dance journey, Abby has built a strong ballet background, discovered a passion for modern and contemporary dance, and started to develop her choreographic voice. Abby joined 6 o'Clock Dance Theatre as an apprentice in July 2021, was promoted to company member in May 2022, and fulfilled the role of Rehearsal Director in August 2023.



# Company Profiles

## **RJ Hooks | *Dancer***

Robert Hooks II a.k.a. RJ is a young upcoming artist born and raised in Brooklyn, New York. RJ started dancing at three years of age under Deborah Barton, Serina Young, and Ming Dunn. He attended Brooklyn Highschool of the Arts and studied under Michelle J. Smith and Ian J. Dasilva. Rj, and has trained with artists such as Obediah Wright, Earl Mosley, Thera Ward, Kevin Iega Jeff, and many more.

RJ started performing professionally with Jamel Gaines Creative Outlet, TORCH Dance Theatre, and Alpha Omega Theatrical Dance Company. RJ has performed in notable venues such as Carnegie Hall, Bryant Park, and the New Year's Eve Ball Drop in New York. In his free time, RJ enjoys playing football, basketball, and watching animal documentaries. RJ joined 6 o'clock Dance Theatre as a Dancer in October 2023.

## **Amit Katz | *Apprentice***

Amit Katz graduated with honors from Brenau University in Gainesville, Georgia in the spring of 2023. At Brenau University, Amit pursued a B.A. in Dance with an advanced ballet concentration on a full-ride scholarship.

Amit means "friendship" in Hebrew and resembles similar meanings in Latin languages, Amitié, Amici, and Amistad. She was born in Madrid, Spain, raised in Frankfurt, Germany, attended the leadership Jr. High School Program in Herzliya, Israel, and graduated from Plano West Sr. High School in Plano, Texas. Amit strives to draw from her multicultural experiences and friendships during her creative processes.

Amit discovered her love for dance at the age of 13, dedicating herself to mastering various styles, including ballet, modern, contemporary, and jazz. Her rigorous training and dedication to her craft have allowed her to perform locally and abroad, captivating audiences with grace, precision, and enthusiasm.

Amit is eager to share her passion for dance with others and inspire young people to explore their creativity and embrace their unique identities. By doing so, she hopes to raise awareness regarding the emotional stress young people experience and contribute to improving their quality of life. Outside of rehearsals and performances, Amit dedicates her time to cultivating young dancers' passion for movement as a dance instructor. Amit started her professional dance career and joined 6 o'Clock Dance Theatre as an Apprentice in August 2023.

# Company Profiles

## **J. Alexander Langley | *Development & Outreach Coordinator***

J. Alexander Langley is a proud alumnus of the Booker T. Washington High School of Performing and Visual Arts in Dallas, TX. He went on to study ballet and jazz dance performance at Point Park University in Pittsburgh, PA. Alex has also danced as a company member with Dallas Neo-Classical Ballet, Anita N. Martinez Ballet Folklorico, Ballet Dallas (formerly Contemporary Ballet Dallas), DBDT: Encore (formerly Dallas Black Dance Theatre II), and Bruce Wood Dance.

He has also performed at various industrial events such as the Mary Kay National Seminars, on Holland America and Princess Cruise Lines as a production cast member, in television commercials, and in musical theater productions such as Lyric Stage's production of "Fiddler on the Roof" and Lubbock Moonlight Musicals' production of "Tarzan".

His concert choreography has a "flirty-meets-fierce" signature and has been performed by Dallas Black Dance Theatre II, Anita N. Martínez Ballet Folklorico, and 6 o'Clock Dance Theatre. Alex has also been fortunate enough to choreograph musical plays like Disney's Newsies, RENT: School Edition, The Lightning Thief: The Percy Jackson Musical, and La Cage Aux Folles, and Black Nativity for Bishop Arts Theatre Center.

## **Caroline Lyles | *Dancer***

A native of Central Louisiana, Caroline graduated in 2023 from the University of Louisiana at Lafayette (ULL), where she earned her Bachelor of Fine Arts in Dance. During her time at ULL, she was awarded the Dean of the College of the Arts Scholarship and graduated Summa Cum Laude.

Caroline started her pre-professional dance training at Red River Dance Theatre Company where she performed classical ballet works, such as Paquita and The Nutcracker. She continued her dance training at ULL and performed works by distinguished choreographers, such as José Limón and Jules Perrot. At ULL, she choreographed two original works performed in university dance concerts. Caroline has worked with and performed original works by Lauren Edson, Cameron McKinney, and Matthew Couvillion. In addition to her training at ULL, Caroline has trained at SALT Contemporary Dance, Joffrey Ballet School, Nashville Ballet, and Central Pennsylvania Youth Ballet.

After graduation, Caroline moved to Dallas to join 6 o'Clock Dance Theatre as a Dancer in August 2023. In addition to dancing with 6 o'Clock Dance Theatre, Caroline is a Pilates instructor in the DFW metroplex.

# Company Profiles

## **Marielle McGregor | Executive Director**

By day Marielle McGregor works as the Assistant Director of Campaign Strategy for Dallas College in the Marketing and Communications department.

But at night, she dances!

Marielle is a co-founder of 6 o’Clock Dance Theatre and serves as the executive director — managing the company business and equipping the dancers and choreographers for success.

What Marielle loves most about 6 o’Clock Dance Theatre is that it provides an avenue for dance professionals to continue to perform at elite levels of dance while also allowing them the flexibility to work full-time in the career of their choice. “It doesn’t have to be all or nothing,” she says, “today dancers can also be wives, mothers and/or working career women. 6 o’Clock welcomes dancers of all industries, backgrounds, shapes, and sizes. There is no mold here to conform to.”

Marielle is a 2010 graduate of Southern Methodist University, where she earned a Bachelor of Fine Arts in Dance Performance and a Bachelor of Arts in Advertising with a creative emphasis. She is passionate about all forms of communication and told stories since her childhood — constantly searching for the right movement, word, or visual to connect with the viewer or reader.

A native of Ohio, Marielle began her dance career at Ballet Met. Later, at SMU, she performed the works of many renowned choreographers — such as Paul Taylor and Robert Battle — and was highlighted as the principal role in Eleo Pomare’s “Las Desenamoras.” She has studied under celebrated dancers from a variety of modern backgrounds, including April Berry, Nina Watt, Ruth Andrien, Myra Woodruff, and Christopher Dolder. Marielle has danced with modern companies like Dallas Black Dance Theatre II, Sandra Organ, and Contemporary Ballet Dallas, to name a few.

Marielle is passionate about her faith and her two dogs (a basset hound and a dachshund). She also has a special place in her heart for mentoring, teaching, and coaching. She loves dance because it transports her to another world — “a wonderful world — where words are danced, people are lifted up, and sweaty friends are the best kind.”

# Company Profiles

## Jarvis McKinley | *Artistic Development Coach*

Jarvis McKinley is from Hattiesburg, Mississippi, and began his dance training at the age of 6 at the Dance Place and Pine Belt Youth Ballet. McKinley's dance education continued at the Virginia School of the Arts where he was granted a full four-year scholarship for his high school education. In addition, McKinley received a full scholarship from the National Dance Institute Dance Program in Santa Fe, New Mexico.

Under the direction of Jacques d'Amboise, McKinley was awarded a full four-year scholarship and received his (AA) Certificate in Dance at the New World School of the Arts. McKinley has trained at numerous academies and programs throughout his professional career including the Kirov Ballet Academy, Jacobs Pillow, Bates Dance Festival, and the Ailey School.

In 2008, McKinley joined Alvin Ailey II and later became a soloist at Armitage Gone Dance in 2010. Throughout his professional career, McKinley has performed with Complexions Contemporary Ballet under the direction of Dwight Rhoden and Desmond Richardson as well as performed works by the following choreographers: Alvin Ailey, William Forsythe, Robert Battle, Judith Jamison, Christopher L. Huggins, and Francesca Harper. McKinley's other notable achievements include traveling and performing in the Tony Award-Winning Broadway musicals Memphis and Flashdance in collaboration with choreographer Sergio Trujillo, and dancing with some of the music industry's best artists including Usher Raymond, Jojo, KiCi & Jojo, and The Dream. In addition, McKinley was awarded the Margaret Fonteyn Award by his Ballet Master, Petrus Boseman.

Jarvis McKinley joined 6 o'Clock Dance Theatre in the role of Artistic Development Coach in the spring of 2022.

# Company Profiles

## Emma Monsen | *Dancer*

Emma Monsen is from Houston, Texas, and started her dance training at the Rowland School of Ballet, as a member of Kingwood Dance Theatre. In addition, Emma trained at the Gelsey Kirkland Academy and attended summer intensives at Houston Ballet, Indiana University, and Texas Ballet Theater. Emma attended the Alonzo King LINES B.F.A. Ballet program at the Dominican University of California, where she performed original works by Kara Davis, Gregory Dawson, Nick Korkos, and Carmen Rozestran. At LINES, Emma was a member of the Dominican University of California Honors College and on the Dean's List.

Additionally, Emma transferred to the TCU School for Classical and Contemporary Dance as a ballet major. Her performance highlights in the SCCDance include original works by Professors Adam W. McKinney and Keith Saunders, as well as guest artists Kara Wilkes and Bernard H. Gaddis. She is a recipient of the Fine Arts Scholarship and is on the Dean's List, as well as having served as a student representative for the SCCDance Class of 2023. Emma served as Co-Director of Community Engagement for the Chi Tau Epsilon Dance Honor Society and hosted the AIDS Outreach Center Benefit Auction. At TCU, Emma's choreographic work "Collective" received second place at the Horned Frog Scholar. Outside of TCU, She has performed in an original work by Dominic Walsh at Compass Coaching Project and served as Head Chaperone for the Texas Ballet Theater summer intensive.

Upon graduating with her B.F.A., Emma joined 6 o'Clock Dance Theatre as a Dancer in August 2023. When she's not dancing, you can find Emma as a part of the administrative staff at Contemporary Ballet Dallas.

## Adam Rech | *Guest Artist*

Adam Rech is a dance performer, teacher, and choreographer based in Dallas, Texas. He began his dance training at the age of five with the Ballet Academy of Texas in Coppell, under the direction of Lisa Slagle and Tammie Reinsch. As a young dancer, he received scholarships to train with ABT Alabama, Oklahoma City Ballet, Glenda Brown Choreography, Gus Giordano Jazz, and Regional Dance America as an Emerging Choreographer. In the spring of 2019, Adam received his Bachelor of Fine Arts in Dance from Sam Houston State University.

Adam is a proud recipient of the Benjamin A. Gilman Scholarship, awarded by the US Government's Institute of International Exchange (IIE). In the fall of 2018, he was 1 of 30 international dancers selected to study in Israel with the Kibbutz Contemporary Dance Company (KCDC). He had the honor of performing in multiple works by KCDC artistic director Rami Be'er, including "Asylum," "Aide Memoir," "Blackout," "Horses in the Sky," and "Upon Reaching the Sun."

What attracts Adam to teaching and learning more about movement is how it connects people to themselves and others. He views dance as a universal language and hopes to provide people with technical and improvisational tools that heighten their bodies' ability to communicate and discern between pain and pleasure. Adam joined 6 o'Clock Dance Theatre as a Dancer in September 2021.



# Company Profiles

## **Kelsey Rhinehelder | *Dancer***

Kelsey Rhinehelder started dancing at a young age and studied the techniques of Ballet, Jazz, and Modern at the Ballet Conservatory in Lewisville, Texas under the direction of Kelly Lannin. At the age of 16, Kelsey joined the LakeCities Ballet Theatre pre-professional company where she had the opportunity to dance in many great ballet works such as Balanchine's Serenade (excerpt) and received training from great artists such as Sarah Lane.

Kelsey graduated from the University of the Arts in Philadelphia, Pennsylvania with a B.F.A. in Dance in 2015. During her undergraduate education, she was exposed to many forms and styles of dance including African, Hip-Hop, Aerial Arts, and Gaga. In addition, she had the opportunity to train under Michael Sheridan and Riolama Lorenzo as well as perform in works choreographed by Sidra Bell, Kim Bears-Bailey, and Douglas Becker.

After graduation, Kelsey returned to dance with LakeCities Ballet Theatre as a guest artist from 2015 to 2019 and joined ImPULSE Dance Project from 2018 to 2022. She has been working full-time as a Payroll Coordinator at LiquidAgents Healthcare and received a promotion to Team Lead in 2022. Kelsey joined 6 o'Clock Dance Theatre as a Dancer in August 2023.

## **Hannah Scott | *Guest Artist***

Hannah Scott is a dancer, choreographer, and Pilates instructor originally from Southern Kentucky. In 2017, she received her Bachelor of Arts in dance from Western Kentucky University, where she worked with guest artists Jon Lehrer, Andrea Dawn Shelley, and performed abroad with the Italian ballet company Balletto di Civitavecchia. In 2017, Hannah received a research grant to study with the Dance Xchange in Washington, DC and present dance research in a field of her choice. Her resulting choreography was selected for the 2017 Cincinnati Fringe Festival, where it received a critic's pick by CityBeat Cincinnati.

In 2020, Hannah received her M.F.A. from Sam Houston State University, where she taught all four levels of Ballet, Modern, Jazz III, and Musical Theatre as a Teaching Assistant. In addition to teaching, Hannah performed works by distinguished artists such as Sidra Bell, Shen Wei, Gabrielle Lamb, Josh L. Peugh, Andy Noble, Dionne Noble, Joshua Manculich, Donald Shorter, and Kyle Craig-Bogard.

In 2019, Hannah became a certified Pilates instructor. Currently, Hannah teaches at Club Pilates Keller, Southlake, Northlake, and Flower Mound. She also serves as dance captain for the acrobatic troupe Halcyon Productions. Since May of 2022, she has performed on tour with Halcyon in their production of Aureum, where she plays the lead role of the Warrior. Hannah joined 6 o'Clock Dance Theatre as a Dancer in May 2021.

# Company Profiles

## **Maddy Swandt | *Dancer***

Madeline (Maddy) Swandt grew up in the DFW area and began her dance training at a young age. At the age of 11, Maddy pursued dance in a more rigorous capacity at the Epicenter for the Arts until her junior year of high school. Throughout Maddy's high school tenure, she trained in the dance techniques of Ballet, Pointe, Modern, Contemporary, Jazz, and Hip Hop.

During Maddy's senior year of high school, Maddy joined Zion Dance Project as a professional dancer for the company's Residency Program and 2021 - 2022 inaugural season. After finishing high school, she attended Point Park University where she began her B.F.A. in Modern Dance and later transferred to Texas Christian University.

Maddy moved back to the DFW area to begin her professional career in dance with 6 o'Clock Dance Theatre for the 2023 - 2024 season. Outside of rehearsals, Maddy pursues a full-time retail job and enjoys furthering her college education in the artistic field of dance.



## **LEADERSHIP & SUPPORT STAFF**

Zach Law Ingram ***Artistic Director***

Marielle McGregor ***Executive Director***

Jarvis McKinley ***Artistic Development Coach***

Abby Gluckman ***Rehearsal Director & Dancer***

Madi Grace Albert ***Costume Manager & Dancer***

Katherine Cornell ***Website Manager & Dancer***

Chris Trevino ***Lighting Designer***

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